

**RESUME**  
**Dr. NEELAM EHSAN**  
**(HEC Approved Supervisor)**

**Personal Bio Data**

Mrs. Neelam Ehsan

Muslim

Married (03 children)

DOB: 29<sup>th</sup> August 1977

Domicile: Khyber Pakhtunkhwa

**Languages**

English, Urdu, Pushto (fluent) and can understand Punjabi

**Visits Abroad**

USA, UK and Saudi Arabia

**Contacts**

Email # neelam.ehsan@yahoo.com

**Objectives**

I am looking to build on my Psychological skills within a suitably challenging role. I am keen to achieve further professional development initially through teaching and then through further learning.

**Key Skills**

1. Application of Psychology in Administrative role while dealing with the people.
2. Application of Educational Psychology while teaching, BS, Msc, MS and Ph.d level and mentoring.
3. Am able to supervise numerous Mphil, MS and Ph.d Scholars for their theses in the field of social psychology, clinical psychology, educational psychology, psychological testing and Islamic perspectives in psychology.

### **Education Career Summary**

<b>2016</b>	Ph.d in Psychology	from Shaheed Benazir Bhutto Women University, Peshawar.	
<b>2005</b>	M.Sc Psychology	Dept of Psychology, Peshawar University	1 <sup>st</sup> position in Dept
<b>1997</b>	BA	Jinnah College for women, Peshawar	1 <sup>st</sup> Division
<b>1995</b>	F Sc	Islamabad college for Girls F-6/2	1 <sup>st</sup> Division
<b>1993</b>	Matric	University Model School, Peshawar	Grade A

### **Professional Career Summary**

**June 2017 till date-** Serving as Assistant Professor on deputation in Psychology Department (female section) International Islamic University Islamabad.

**2010-June 2017** Teaching & Supervising M. Phil, M.Sc and BS classes at SBBWU, Peshawar

**2016-** Appointed as Head of psychology department Psychology SBBWU in October 2016.

**2016-** Appointed as Assistant Editor of "FWU journal of social sciences "by the Vice Chancellor SBBWU in April 2016.

**2017-** A member of ASRB (Advanced Studies Research Board).

**2016-** Also a member of GSC (Graduate Studies Committee) of psychology department.

**2017-** In addition to this, a member of examination disciplinary committee.

**2006-2008** Head Mistress Base Montessori, PAF Base Minhas, Kamra

### **Research Supervision**

1. Successfully Supervised 7 MS research students, 3 from Shaheed Benazir Bhutto Women University and 4 from IIUI.
2. Presently supervising 10 MS and 2 PhD students from International Islamic University.

### **International conferences/Workshops/seminars/Trainings**

1. 12 Dec 2015- Co organizer **“1<sup>st</sup> International conference on Advancing Women issues: Local and Global Directions”**, SBBWU-SMU linkage program.
2. 29-30 Nov 2018- Attended international conference on at NIP, Quaid-e- Azam university
3. Attended series of workshops each “5 days sessions (2014-15) on **“Statistical Package for social science (SPSS)” & “ Structural Equation Modelling (AMOS)”**.
4. Attended Workshop on **“Applied Psychology”** from 19-21 February 2014 under the linkage program of SMU-SBBWU.
5. Attended workshop on **“Program Evaluation”** at SMU (Southern Methodist University) on 24<sup>th</sup> Oct 2014.
6. Successfully completed training workshop **“Couple Therapy”** conducted by Dr. Lorelei Simpson Rowe at **Southern Methodist University, Dallas (SMU), USA** on 7<sup>th</sup> and 8<sup>th</sup> Nov 2014.
7. Completed Training in Administration and basic Interpretation of **“SCID (Structured Clinical Interview for Diagnosis)”** at **Southern Methodist University (SMU), Dallas, USA** in Nov 2014.
8. Completed training in Administration and Basic Interpretation of **“WAIS-IV”** conducted by Dr. Buck Hampson in Oct 2014 at **Southern Methodist University, Dallas (SMU), USA**.
9. Conducted Workshop on **“ Quantitative Data Analysis through SPSS (level I)”** at SBBWU on 23<sup>rd</sup> Feb 2017.
10. Actively participated in 5 days training workshop on **“Inferential and descriptive Analysis through SPSS”** organized by SBBWU in collaboration with HEC from 17-21<sup>st</sup> April 2017.
11. Actively co organized **“International Symposium on Mental Health”** held on 10<sup>th</sup> oct, 2017 at **Department of Psychology, International Islamic University**.
12. Participated in workshop on **“Rehabilitation Programming Skills, A Community Reinforcement Program”** at International Islamic University, Islamabad on 5<sup>th</sup> March, 2018.
13. Participated in the workshop on **“Role of Psychologists in Current Scenario: Trauma Counseling”** at International Islamic University, Islamabad on 9<sup>th</sup> February, 2018.
14. Participated in the 5 days workshop of **“Islamic Approaches to Psychology and Psychotherapy Program”** held between 26<sup>th</sup> -30<sup>th</sup> January 2019.

## **Publications**

- 1. Ehsan, N. & Riaz, M. (2016). Positive and negative aftermath of the trauma: An overview of the relationship. *FWU journal of social sciences*, 10(1),.**
- 2. Ehsan, N. Johar, N., & Zafar, F. (2017). The Moderating role of Religiosity among people sufferenig from Depression. *Pakistan Armed Forces Medical Journal* 2017; 67 (5): 853-59.**
- 3. Ehsan, N., Nauman, H., & Tahir, H. (2017). Parental Acceptance-Rejection, Self Esteem and Self Control among Street Children. *FWU journal of social sciences*, 11(2), Dec 2017.**
- 4. Ehsan, N., Johar, N., & Khan, M.A. (2018). Effect of age, gender and family type on caregiving- A cross sectional study on caregivers of schizophrenia patients. *Pakistan journal of physiology*; 14(2), 38-40.**
- 5. Khurshid, M., Ehsan, N., Abbasi, N.H., Maqsood, A., & Gul, S. (2018). Breast cancer patients: An overview of the relationship between meaning of life and life satisfaction. *Pakistan Armed Forces Medical Journal* 2018; 68(2):374-378.**
- 6. Ehsan N, Johar N, Saleem T, Khan MA, Ghauri S. (2018). Negative repercussions of caregiving burden: Poor psychological well-being and depression. *Pakistan Journal of Medical Sciences*. 2018; 34(6):1452-1456. doi: <https://doi.org/10.12669/pjms.346.15915>.**
- 7. Ehsan, N., Khurshid, M., Abbasi, N.H., Fazaldad, G., Gul, S., & Mushtaq, R. (2018). Interfamilial problems and marital dissatisfaction among fertile and infertile couples. *Pakistan journal of physiology*, 14(4): 44-6.**
- 8. Ehsan, N., Riaz, M., & Khalily, T. (2019). Trauma of terror and displacement: A narrative analysis of mental health of women IDPS in KPK (Pakistan). *Peace and conflict: A journal of peace psychology*; 25(2);140-2. doi.org/10.1037/pac0000369**
- 9. Johar, N., Ehsan, N., & Khan, M.A. (2019). Association of emotional intelligence with academic performance of medical students. *Pakistan Armed Forces Medical Journal*, 69(3): 455-459.**

10. Ehsan, N., Johar, N., & Khan, M.A. (2019). Effect of age and gender on emotional intelligence in medical students. *Pakistan journal of physiology*, 15(2): 22-4.
11. Khurshid, M., Ehsan, N. Ahsan, A., & Fazaldad, G. (2020). Marital and Psychological Adjustment among Working and non Working women with Cardiac Ailments. *Pak Armed Forces Medical Journal* 70 (1): 257-61.
12. Ehsan, N., Khan, A., & Shahid, A.K. (2021). Relationship of post traumatic growth psychological distress and quality of life among renal failure patients. . *Pak Armed Forces Medical Journal* . 71(1):18-23. <https://doi.org/10.51253/pafmj.v71i1.5781>
13. Ehsan, N., Hassan, B. Saleem, T., & Iqbal, N. (2021). Development and validation of Risk Assessment Tool for Extremism. *Peace and Conflict: A Journal of Peace Psychology*, 27(2), 240-255. <https://doi.org/10.1037/pac0000565>
14. Khan A., Khan, R. A., Ehsan, N., Khan, M.N., & Khan, A. (2020). Understanding the relationship of social media use with social comparison, life satisfaction and emotional intelligence among young adults. *Elementary Education Online*, 19(3), 264-274. doi: 10.17051/ilkonline.2020.03.735460.
15. Mazhar, S., Loona, M.I., Ehsan, N., & Hassan, A. (2021). Need Satisfaction and Mental Well Being among Working and Non-working University Students in Pakistan: *A Gender Perspective ASEAN Journal of Psychiatry*, 22(4), 1-10.

#### **Personal Qualifications/Accomplishments/Awards**

1. Certificate of Merit (Got first position in the department of Psychology Peshawar university in MSc previous and final year in 2005).
2. Went to Southern Methodist University in Oct 2014 under the linkage program SMU-SBBWU linkage for a semester time frame and attended several workshops and seminars mentioned above.
3. 2017- On request of FC KP, Formed a team and Assessed De-radicalization process of Frontier Corps, KP.

4. Conducted SPSS workshops at Psychology Department, SBBWU
5. Won **SBBWU Best Department award 2016-17** being head of department in appreciation for the performance of the department based on five broad categories including QEC, teaching, research finance and facilities and social integration/community building during the year 2016-17.

#### **Other Interest**

1. An enthusiastic and dependable individual with ample perseverance to complete and excel assignments in challenging and competitive environments.
- 2. Successful track record of with high responsibility positions.
  - 3. Determined learner with excellent educational record.