

# Curriculum Vitae

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## **Ghazala Fazal-Dad**

**Present Address:** House No. 1, Lane E-6, Irfan-abad, Tramari Chowk, Islamabad

**Postal Address:** C/O Saba-ul-Hussain, Department of Economics, Pakistan Institute of Development Economics, Quaid e Azam University Campus, Islamabad

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### **Objectives**

- ✎ Seeking a position that will take full-advantage of my Education & interpersonal skills, as well as offer me the opportunity for increasing levels of responsibility and professional growth. To enchain and utilize my professional knowledge, abilities and skills by working in dynamic reputable institution where my knowledge and skills are fully utilized.

### **Personal Profile**

<b>Name:</b>	Ghazala Fazal-Dad
<b>Father's Name:</b>	Fazal Dad
<b>Date of Birth:</b>	3 <sup>rd</sup> March 1986
<b>Domicile:</b>	Federal
<b>Nationality:</b>	Pakistani.
<b>Marital Status:</b>	Married
<b>Physical Fitness:</b>	Never been to severe illness, physically fit.
<b>Languages:</b>	Fluent in English, Urdu & Punjabi

### Academic Qualifications

✧ MS (Psychology)	from (IIU, Islamabad)
✧ M.Sc (Psychology)	from (Punjab University)
✧ B.Sc (Geography, Stat, Psychology)	from (Punjab University)
✧ F.Sc (Pre-Engineering)	from (FBISE), Islamabad
✧ Matric (Science)	from (FBISE), Islamabad
✧ Advance IT Diploma	from Super Tech Islamabad
✧ B.Ed	From AIOU, Islamabad

### Major Courses

- ✧ Experimental Psychology
- ✧ Psychological Testing and Measurement
- ✧ Abnormal Psychology
- ✧ Applied Statistics in Psychology
- ✧ Social Psychology
- ✧ Health Psychology
- ✧ Journalism
- ✧ Behavioral Neuro Sciences
- ✧ Clinical Psychology
- ✧ Research design and Statistics
- ✧ Psychophysiology and Psychopharmacology
- ✧ Psycho diagnoses
- ✧ Psychotherapy

### Major Project

- ✧ Visited Psychiatry ward at **FGPH, NIH** and **RGH** and took cases histories of patients with Psychological disorders.
- ✧ Visited Psychiatry ward at **PIMS Hospital** and took case studies of patients with Neurological disorders.

✍ Visited different private rehabilitation centers like **Wada Clinic, Hosla Clinic, Sunny Trust** and Model Addiction Treatment and Rehabilitation Centre to take case histories of patients of drugs abuse. Psychiatry ward at **FGPH, NIH** and **RGH** and took cases histories of patient's drug abuse.

- ✍ Presented Seminar on Drug Abuse.
- ✍ Presented Seminar on RISB.
- ✍ Presented Seminar on Renal System.
- ✍ Presented Seminar on TAT.
- ✍ Presented Seminar on Temperature Regulation
- ✍ Presented Seminar on REBT
- ✍ Organized seminar on "Parenting as determinant of personality".
- ✍ Organized seminar on "Conundrum of Development: A road toward betterment"

### **Research work**

- ✍ "Relationship between level of stress and different personality types".
- ✍ Stigmatization and its impact on psychological adjustment of detoxified hash and heroin individuals. (MS Thesis)
- ✍ Relationship between job satisfaction and amount of salary among Government Employees.

### **Seminar & Workshops Attended**

- ✍ Attended various seminar including Qualitative Research
- ✍ Non verbal communication
- ✍ Schizophrenia
- ✍ Depression
- ✍ Drug Abuse
- ✍ Mental Retardation
- ✍ Cancer
- ✍ Neurolinguistic programming (NLP)
- ✍ Projective techniques of Personality assessment

- ✍ Obsessive Compulsive Disorder
- ✍ Cognitive Behavior Therapy
- ✍ Play Therapy
- ✍ EEG Neurofeedback
- ✍ SPSS
- ✍ Tolerance and success
- ✍ Rehabilitation Psychology: “Learn to develop rehabilitation programming skills; A journey from present level to needed level”
- ✍ Workshop on “Role of psychologists in current Scenario: Trauma Counseling”
- ✍ Workshop on “ Writing a research article”
- ✍ Workshop on “ How to publish a research article”
- ✍ Workshop on “ Mixed methods research in applied psychology”
- ✍ Postgraduate training on academic research and scientific writing

### **Paper Presentation**

- ✍ Presented paper “Face book addiction as predictor of work engagement and social relationship” in ICP 2015.
- ✍ Presented paper “ computer anxiety among old and new students” in ICITL

### **Publications**

- ✍ Khurshid, M., Ehsan, N., Ahsan, A., & Fazaldad, G. (2020). Marital and Psychological Adjustment Among Working And No-Working Married Women With Cardiac Ailments. *Pakistan Armed Forces Medical Journal*, 70(1), 257-61.
- ✍ Fazaldad, G., Iqbal, S., & Hassan, B. (2020). Relationship Between Jealousy and Subjective Happiness Among University Students: Moderating Role of Self-Esteem. *Pakistan Journal of Psychological Research*, 493-509.
- ✍ Khan, M. J., Fazaldad, G., Waheed, A., & Arif, H. (2019). Level of aggression among athletes and non athletes. *The Shield-Research Journal of Physical Education & Sports Science.*, 12.

- ✍ Ehsan, N., Khurshid, M., Abbasi, N. H., Fazaldad, G., Gul, S., & Mushtaq, R. (2018). Interfamilial Problems and Marital Dissatisfaction Among Fertile And Infertile Couples. *Pakistan Journal of Physiology*, 14(4), 44-46.
- ✍ Fazaldad, G., Gul, S., & Saleem, T. (2018). Self-Stigma In Individuals With Hash And Heroin Use Disorders In Pakistan. *Pakistan Journal of Clinical Psychology*, 17(1):15-27.
- ✍ Khan, M. J., & Fazaldad, G. (2016). Social Isolation among Elder Population of Pakistan. *FWU Journal of Social Sciences, Special Issue, Summer 2016, Vol. 2, No. 1*, 64-74

### **Job Experience**

- ✍ **Home Tuition** to Higher Secondary Classes
- ✍ **Senior Science Teacher** in Allama Iqbal School Tarlai, Islamabad w.e.f **December 2008 to December 2009.**
- ✍ **Senior Science Teacher** in Usman Academy, Islamabad w.e.f **October 2005 to October 2006.**
- ✍ **Senior Science Teacher** in Real Academy, Islamabad w.e.f **January 2007 to September 2008.**
- ✍ **Senior Science Teacher** in Light House Public School, Islamabad w.e.f **September 2003 to October 2005**
- ✍ Internship in **WADA Clinic** as Psychologist.
- ✍ Internship in **FGPH** as Psychologist (**One year**)
- ✍ Internship in **Capital Hospital** as Psychologist (**Six months**).
- ✍ Working as a **Teaching / Research Associate** in the Department of Psychology in **IIU** Islamabad, since **June, 2011.**

### **Personal Skills**

- ✍ An enthusiastic, reliable, and organized person with excellent interpersonal skills.
- ✍ An effective team member, with a proven ability to achieve results within a team but also skilled at using own initiative.

- ↳ Enjoys challenges with opportunity to improve, and loves working with people from various backgrounds.
- ↳ Highly motivated, determined, confident, and creative.
- ↳ Has energy to adapt quickly the changing environment and likes meeting deadlines.

### **Computer Skills**

- ↳ **Tools:** MS Office, Opera Browsing, Internet communications, & Networking.

### ***Extra Curricular Activities***

- ↳ Net Surfing & Browsing.
- ↳ Reading Books, Newspapers, Articles, & Journals.

### ***References***

Reference will be provided on demand